



Prince's Trust

START SOMETHING

P R O G R A M M E U P D A T E

EAST OF ENGLAND

Bedfordshire - Cambridgeshire & Peterborough - Essex
Hertfordshire - Milton Keynes - Norfolk - Suffolk

J A N U A R Y 2 0 2 1



Prince's Trust

YOUNG PEOPLE IN LOCKDOWN

a joint YouGov report
into COVID-19



28 % of 16-25 year olds say their future career prospects have already been damaged due to the Coronavirus crisis.

43 % of young people say their anxiety levels have increased due to the Coronavirus crisis.



49 % of 16-25 year olds say it will be 'harder than ever' to get a job due to the Coronavirus crisis.





2,713

Young people supported across the East of England in 2019/2020



72%

Young people that moved on
to Education, Employment or
Training in 2019

**THE
PRINCE'S
TRUST**

**HAPPY
NEW
YEAR**



**THERE'S NO LIMIT TO
WHAT YOU CAN DO!**

A man with a shaved head and a beard is shown in profile, smiling and looking upwards. He is wearing a white t-shirt. The background is dark with red and blue bokeh lights. The text 'WELCOME BACK' is written in large, white, bold, sans-serif capital letters at the top.

WELCOME BACK

TEAM

**12 WEEK
PERSONAL
DEVELOPMENT
PROGRAMME**

WANT TO LEARN NEW SKILLS?

Team is a 12-week personal development course for 16 to 25 year olds, offering new experiences, qualifications, practical skills and community based projects

- Uncover your hidden talents and mix with new people
- Gain new qualifications to help you get a job
- Improve your teamwork and communication skills
- Boost your confidence and self-esteem
- Gain new experiences, interview skills and improve your CV
- It won't cost you anything and you shouldn't lose your benefits

To find your closest Team location, email:

LYNN.WORRALL@PRINCES-TRUST.ORG.UK



Prince's Trust

**START
SOMETHING**

OUR COVID-19 RESPONSE!

Team cohorts of young people will be placed into 'bubbles'

Blended learning approach:

- Classroom sessions delivered in bubbles
- 1-to-1 sessions via phone / email
- Distance learning from home via online platforms

Regular cleaning and deep cleans of communal spaces

Young people and desks will be socially distanced

Hand sanitizer will be provided for use throughout the sessions

Team building activities will take place on site

Trips out to try new experiences off site will only be done if safe to do so

**CONFIDENCE
COURSES
CAREERS**

PRINCE'S TRUST MOVES ONLINE



With the support of our delivery partners, The Prince's Trust continues to be there for young people.

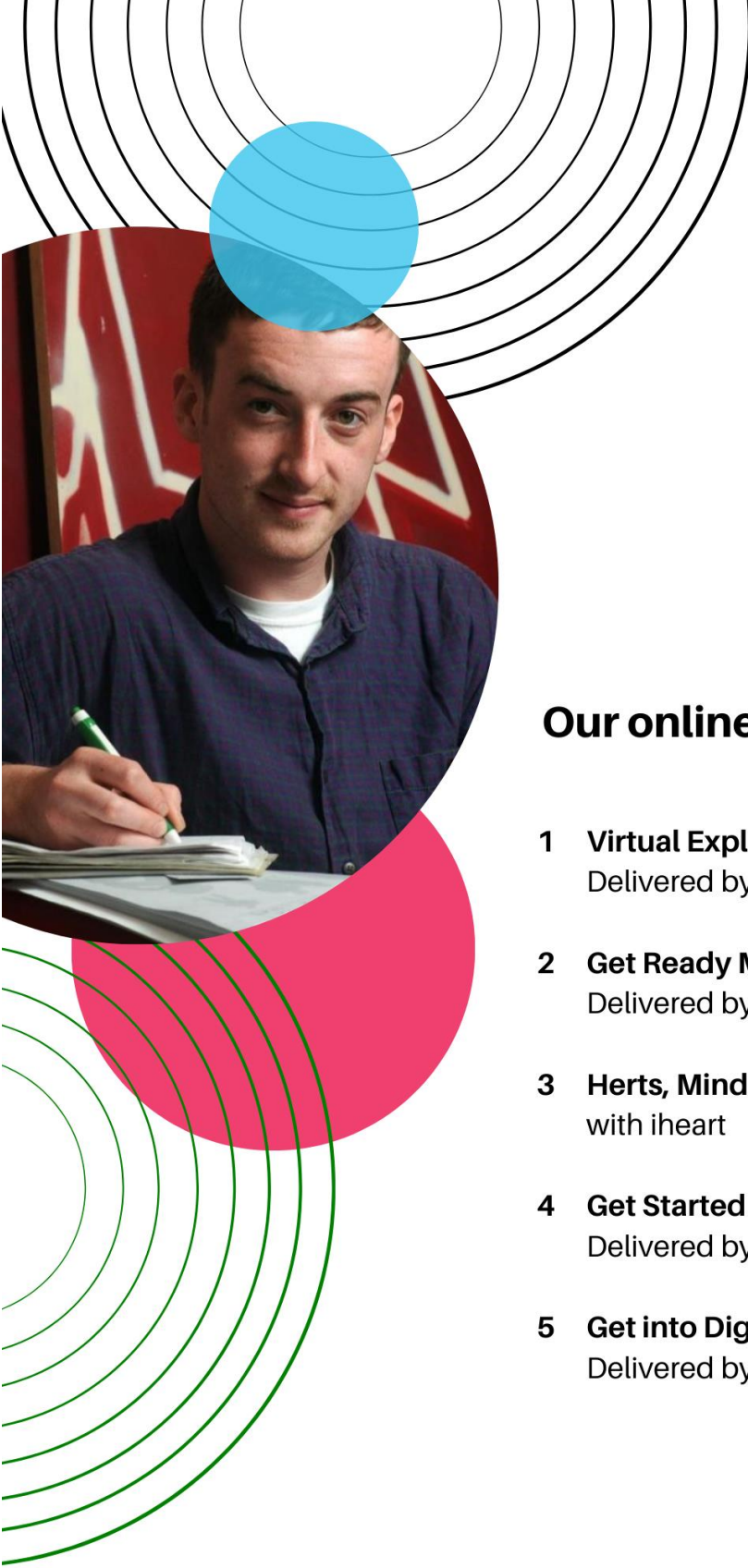
By providing safe online programmes, we are able to prevent young people from being disproportionately affected by the impacts of COVID-19.



ALL WAYS MAKING
A CREATIVE LEARNING HEALTHY WORLD



CONFIDENCE COURSES CAREERS



Our online programmes

- 1 Virtual Explore**
Delivered by The Prince's Trust
- 2 Get Ready Mentoring Sessions**
Delivered by The Prince's Trust
- 3 Herts, Minds and Goals**
with iheart
- 4 Get Started with Arts**
Delivered by All Ways Making
- 5 Get into Digital Design**
Delivered by Wavemaker

Virtual Explore

Sessions to build your skills and boost your confidence



- Build your confidence and communication skills
- Improve your interview techniques and create a stand-out C.V.
- Master online communication platforms
- Learn how to manage your finances
- Explore ways to look after your mental health
- Mentor support to help you find and apply for jobs
- Doesn't affect your benefits



**START
SOMETHING**

To join, email:

alison.richardson@princes-trust.org.uk

Hertfordshire and Central Bedfordshire

Get Ready Mentoring Sessions

Sessions to build your skills and boost your confidence



- Build your confidence and communication skills
- Improve your interview techniques and create a stand-out C.V.
- Master online communication platforms
- Learn how to manage your finances
- Explore ways to look after your mental health
- Mentor support to help you find and apply for jobs
- Doesn't affect your benefits



Bedfordshire & Luton
Community Foundation



To join, email:

harry.sampson@princes-trust.org.uk

Herts, Minds and Goals

Support those at risk of offending



- Re-defying resilience and how it is built-into our psychological system
- Understand why we think, feel and behave the way we do
- Look at how our built-in compass helps us return to our wellbeing
- Work with individual mentors to develop soft skills
- Develop practical support and employability skills
- Progression support to help sustain positive outcomes
- Doesn't affect your benefits



To join, email:

melanie.phillips@princes-trust.org.uk

Creativity, Communication and Radio

Develop critical thinking and produce a BBC Radio Suffolk Show



- Produce a culture show for BBC Radio Suffolk
- Attend 3 arts and cultural events
- Take part in creative workshops
- Improve your communications skills
- Opportunity to complete an Arts Award Bronze qualification
- Mentor support to help you find and apply for jobs
- Doesn't affect your benefits

ALL WAYS MAKING
A CREATIVE LEARNING HEALTHY WORLD

To join, email:

lizzie.neale@princes-trust.org.uk

CONFIDENCE COURSES CAREERS

Luton, Bedfordshire and Milton Keynes

Digital Design

Increase digital confidence through online digital training



- Take a look at online apps and tools to improve productivity
- Understand mobile apps for creative professionals
- Get to know your online digital footprint and how to improve it
- Play around with 3D design and CAD software
- Learn how to create your own website and populate it with content
- Mentor support to help you find and apply for jobs
- Doesn't affect your benefits

Wavemaker™
TECH FOR GOOD, FOR ALL

To join, email:

thomas.jennings@princes-trust.org.uk



**WANT
TO
WORK
IN
HEALTH
AND
SOCIAL
CARE?**

NHS
*Health Education
England*

Get Ready Health and Social Care West Suffolk College

NHS
Health Education
England



- 1 week assessment programme
- Work with our training team to find the best route into employment:
 - Route 1 - Online training to gain a H&SC qualification first
 - Route 2 - Fast-track programme for direct interviews with employers
- Doesn't affect your benefits and up to 6 months mentoring support



To join, email:

peter.hennessey@princes-trust.org.uk

Get into Health and Social Care West Suffolk College

NHS
Health Education
England



- Online level 1 qualification in health and social care
- Learn about different healthcare services, roles and responsibilities
- Acquire the values, skills, and attitudes required for healthcare
- Support to secure a job interview if you complete and pass the course
- Boost employability skills and access employment opportunities
- Doesn't affect your benefits and up to 6 months mentoring support



To join, email:

peter.hennessey@princes-trust.org.uk

Get Hired Health and Social Care West Suffolk College

NHS
Health Education
England



- Gain intensive interview preparation
- Work with our training team to match you with a local employer
- Be introduced to various employers within H&SC
- 1-to-1 support leading up to your employer interview
- Boost employability skills and access employment opportunities
- Doesn't affect your benefits and up to 6 months mentoring support



To join, email:

peter.hennessey@princes-trust.org.uk



Other opportunities still available

- 1 Development Award**
Financial Grants
- 2 Enterprise**
Be your own Boss
- 3 Virtual Achieve**
Home Learning Qualification

Enterprise Online



Free online 3-day business start-up training
Low-interest loans which may be available
Help with market research and writing a business plan
Free mentoring support for 2 years
Other advice and help

To join, email:

tracy.talbott@princes-trust.org.uk
Essex and Suffolk

peter.austin@princes-trust.org.uk
Norfolk, Beds, Cambs & Peterborough and
Milton Keynes (Herts from 2021)

Virtual Achieve



To join, email:

peter.hennessey@princes-trust.org.uk
East of England

Development Award



Cash awards to help young people tackle financial barriers that may be preventing them from accessing education, training or employment.

These are typically around £100 but can increase to £500

To join, email:

sam.howlett@princes-trust.org.uk
Norfolk, Suffolk and Cambridgeshire

claire.burgess2@princes-trust.org.uk
Essex

anna.crump@princes-trust.org.uk
Herts, Beds and Milton Keynes

Free access to our Achieve modules and qualification for all learners aged 11-19, to study in school or at home.

Our Personal Development and Employability skills programme will give young people the opportunity to learn new skills and gain an ofqual accredited qualification.



Prince's Trust

START SOMETHING

With the continued commitment of our amazing funders, The Prince's Trust is able to respond quickly to the challenges young people are facing due to the impact of COVID-19.

Without your support we could not be here for young people throughout this crisis and beyond. If you would like to join The Prince's Trust Community and invest in giving young people a brighter future, please contact either;

Head of Public Sector Partnerships

Jonathan Clark on 07980 738 401

Head of Philanthropy

Jamie Roberts on 07442 538 761

Thank you for believing in young people's potential.



Young People Action Plan

Click on the link above to see how we are already responding to COVID-19 to support young people across the UK.



Prince's Trust

EAST OF ENGLAND

